

# Benefits of Breastfeeding for the Child Care Center

- Babies are sick less often
- Babies have less spitting up
- Babies have less gas & colic, and are more comfortable
- Diapers have less odor
- When you support the family's decision to breastfeed it leads to more satisfied customers
- Breast milk can save the center money
  - It is part of the meal pattern if your center participates in the Child Care Food Program (CACFP)
  - Center can be reimbursed if breast milk is fed to infants by care providers

Remember - Every Ounce Counts!

